

# MEET YOUR PRESENTERS



## Christina Wade, Area Vice-President

Born and raised in Lorain, Ohio, Christina has never met a stranger. As a member of the Lorain County Chamber of Commerce, she serves on the Membership Committee, extending a warm welcome to all new members. Additionally, she is an active member of Manufacturing Works Cleveland and Lorain County Manufacturing Sector Partnership engaging in networking activities and fostering connections within the community. [cwade@integrated.net](mailto:cwade@integrated.net)



## Leroy Ladyzhensky, Principal

Leroy is co-owner of Integrated Network Concepts, an IT services firm based in Avon Lake, Ohio. With two decades of leadership in a company established in 1991, he specializes in IT networking, security, and disaster recovery, helping organizations build resilient and secure technology infrastructures. Leroy combines technical depth with an approachable, executive presence, guiding clients through complex challenges while ensuring reliable business continuity. His longstanding commitment to IT excellence has supported the growth and stability of numerous businesses across the region. [leroy@integrated.net](mailto:leroy@integrated.net)

# Cybersecurity 101:

Understanding the Risks, Protect Your Data



Presented by Integrated Network Concepts  
Avon Lake, OH



# CYBERSECURITY IN THE NEWS

## Jaguar Land Rover Sales Plunge Following Cyberattack

- THE WALL STREET JOURNAL, Oct. 7, 2025

Cyberattacks hit 91% of universities and 43% of businesses in last 12 months in the UK — survey suggests more than 600,000 businesses, 61,000 charities affected

- tom's HARDWARE, Oct. 6, 2025

## Major local hospital network faces system-wide tech outage due to cybersecurity attack

- LOCAL 12 WKRC, May 20, 2025

5.4 million hit in major healthcare data breach — names, emails, SSNs and more exposed

- tom's guide, July 14, 2025

## Almost 1 billion Salesforce records stolen, hacker group claims

- Reuters, Oct. 3, 2025

## A Cyberattack on Jaguar Land Rover Is Causing a Supply Chain Disaster

- WIRED, Sept. 22, 2025

NEW  
AT 10:00



CBS NEWS CHICAGO

36°

HEADLINES

MAN CHARGED WITH ATTEMPTED MURDER IN HALLOWEEN PARTY MASS SHOOTING C

Headlines: Is  
Cybersecurity  
really needed?

Small businesses being  
targeted by hackers:

# Quick Poll

**Enter into the chat...**

**On a scale of 1-10  
how confident you  
are in your current  
cybersecurity  
practices?**



# Myths of Cybersecurity

Attacks are rare.

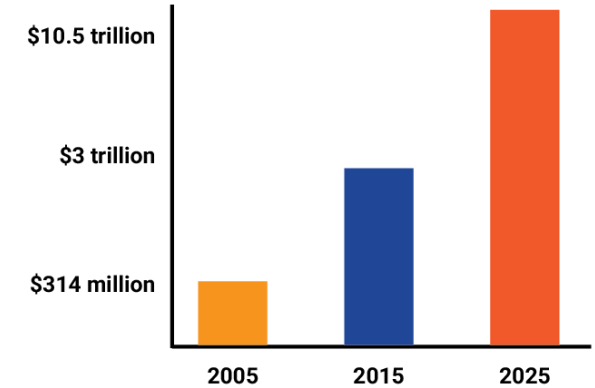
My business is small.

My business doesn't have time to prioritize cybersecurity.

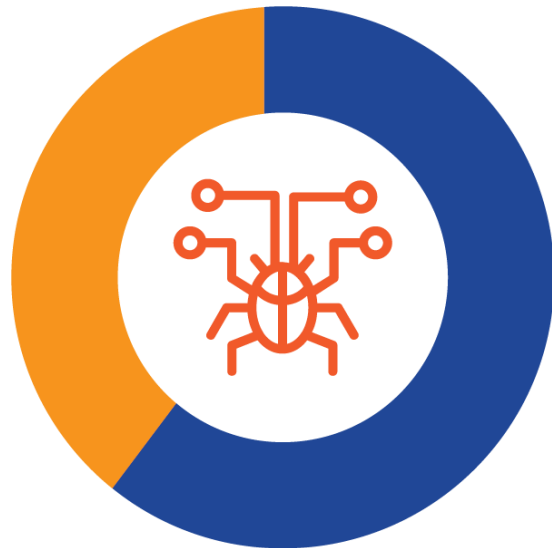
We don't collect sensitive information.

# CYBERSECURITY IN NUMBERS

**\$10.5 TRILLION** *estimated global cost of cybercrime by 2025*



**61%**



**of small businesses report at least one cyberattack in the past year**

**43%**



**of cyberattacks target small & medium sized businesses**

# Small Businesses in the U.S.

99.7% of US employer firms are small business

1 - 500 employees

49.2% of private sector employment

Have valuable information that cybercriminals can leverage, but often lack the security infrastructure to protect it



# Quick Poll

**Enter into the chat...**

**Have you or someone you know had a business affected by a cyber incident?**

# Understanding the Risk

**Cybersecurity Risk**

**Privacy Risk**

**Legal Risk**

# Understanding the Risk

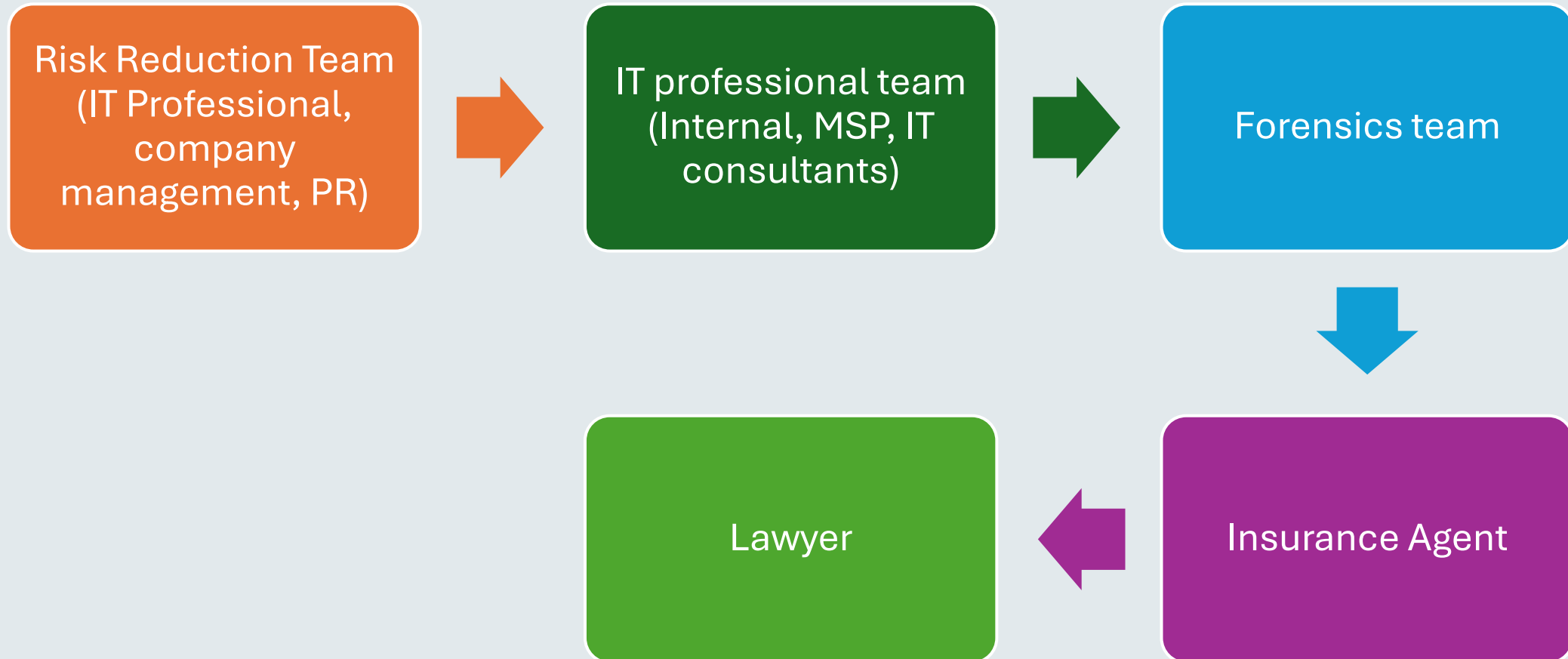
**Financial Risk**

**Operational Risk**

**Reputational Risk**

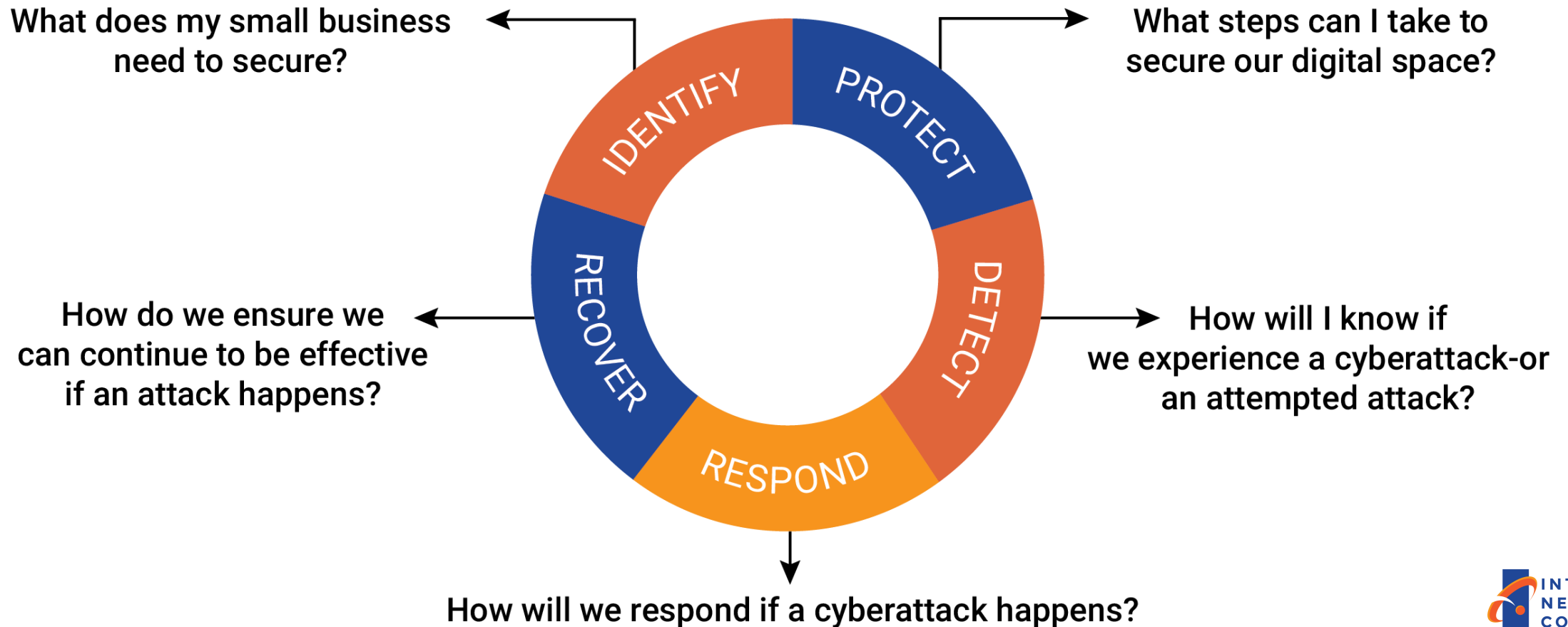
# BUILD SUPPORT TEAM FOR PREVENTION

(order of engagement)



# MANAGING RISK -Lifecycle for managing risk

*National Institute of Standards and Technology recommends companies Identify, Protect, Detect, Respond and Recover*



# TYPES OF CYBER THREATS

*Attacks happen in 2 ways - Systems OR People*

## Malware Threats

malicious software that is deliberately designed to cause damage to a computer, server, client or computer network. It can include viruses and ransomware.

*Ability to spread from one computer to another*

*Locks victim out of computer or encrypts target data until ransom is paid*





## Email Threats

Phishing is a type of social engineering attack that uses email or malicious websites to infect machine.

*Phishing emails appear as they are coming from a legitimate organization or known person*

*Often entice user to click on link or open attachment*

## FBI Internet Crimes Complaint Center released an annual report in April of 2025

**21,442 complaints of business email compromise reporting over \$2 BILLION in losses.**

# THE LAYERED APPROACH TO PROTECT SYSTEMS AND PEOPLE



Firewall

Virtual Networks

VPN

Anti-Virus EDR

DNS Filtering

Patch Management

Data Backups



Email Filtering

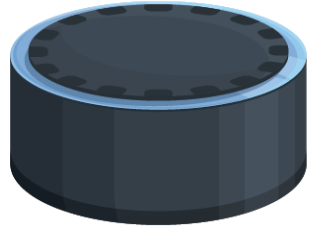
Employee Training

Multi-Factor Authentication

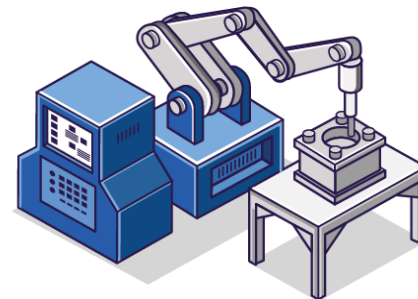
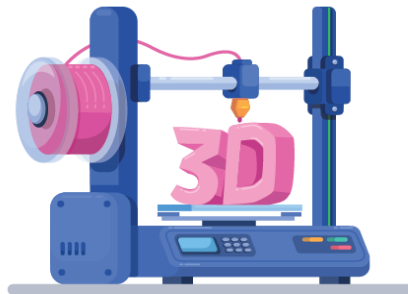
Web Filtering

Anti-Virus EDR

Security Policies



# ENTRY POINTS OF ATTACK





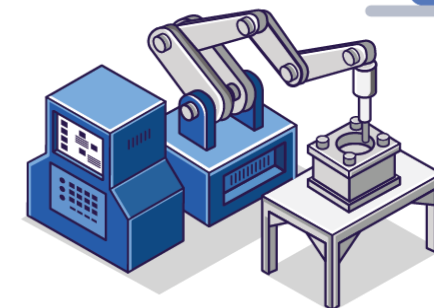
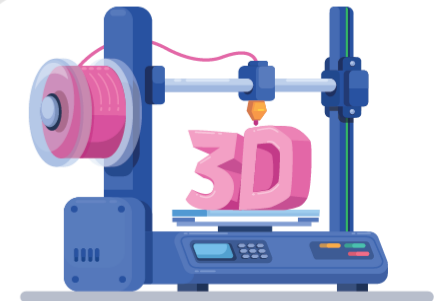
# Quick Poll

Enter into the chat...

**Do you have  
manufacturing  
equipment that runs  
on out-of-date  
software?**

# AGING EQUIPMENT, Modern Threats

- Runs outdated software
- Too costly to replace
- Limited or no security updates
- Vulnerable to cyber attacks
- Not compatible with modern backups
- **Solution: Separate, secured network**



# VULNERABILITIES

- Poor password practices
- Clicking on malicious links in phishing emails
- Browsing unsafe websites
- Downloading malicious files
- Failure to take prescribed steps to protect sensitive data
- Failure to keep systems updated and patched

# Quick Poll

Enter into the chat...

**TRUE or FALSE**

**I don't need back ups  
because everything I do is  
on the cloud or because  
it's on Office 365.**

# TRUE COST OF RANSOM ATTACK

Average Ransome typically **\$400,000**

Typical legal fees **\$100,000**

Typical Restoration fees **\$100,000**

Cost of Cybersecurity **PRICELESS!**

(fraction of the expense)

*\*Does not include downtime or damage to reputation*

# RESPONSE PLAN

DETECTION AND  
INITIAL RESPONSE

ANALYSIS

RECOVERY

CONTAINMENT

ERADICATION

# POST MORTEM AND PREVENTION

**POST-INCIDENT  
ACTIVITIES**

**CONTINUOUS  
MONITORING AND  
IMPROVEMENT**

**LEGAL AND  
COMMUNICATION  
ACTIONS**



# Quick Poll

**Enter into the chat...**

**If you lost access to all company data for 48 hours, could you still operate?**

# BACKUP & RECOVERY: Your Safety Net



- Regular Backups
- Secure Storage
- Fast Restoration
- Business Continuity
- Tested & Verified

# IDEAL BEST COMPANY PRACTICES

- 1 Regularly update or enable auto updates on both the operating system and applications that are installed on your computers and other devices to protect them from attack.
- 2 Know and understand all devices connected to your networks. This includes your Wi-Fi networks, cloud-based storage such as Dropbox or Google Drive, and local networks.
- 3 **Ensure all accounts are configured with multifactor authentication, where possible, including social media accounts.**
- 4 Deploy a border firewall\* and endpoint firewalls\* to protect your internal network from the internet and your endpoints from each other.
- 5 **Regularly back up critical systems and data, following the 3-2-1 rule. 3 versions of your data, 2 different media and 1 offsite**
- 6 Document information flows. It's important to not only understand what type of information your enterprise collects and uses but also to understand where the data is located and how it is used.
- 7 Deploy malicious code detection and prevention solutions such as antivirus or anti-malware software.
- 8 Develop an incident response and business continuity plan.
- 9 Use strong, unique passwords for every account. Don't share passwords. Require individual accounts for employees using computers and business applications.  
For administrative functions, require a separate account that is not the person's everyday user account.
- 10 **Conduct cybersecurity awareness training for employees.**
- 11 Limit access to sensitive systems and data to only those personnel who absolutely need that access.
- 12 Use caution with email attachments and untrusted links and watch for suspicious activity on your accounts.

# RESOURCES

- **Center for Internet Security (CIS)**  
*CISecurity.org*
- **Federal Bureau of Investigation (FBI)**  
*FBI.gov/Investigate/Cyber*
- **Federal Trade Commission - Data Security**  
*FTC.gov/DataSecurity*
- **Homeland Security - Cybersecurity & Infrastructure Security Agency (CISA)**  
*CISA.gov*
- **Homeland Security - Stop. Think. Connect.**  
*DHS.gov/StopThinkConnect*
- **National Cybersecurity Alliance**  
*StaySafeOnline.org*
- **National Institute of Standards and Technology (NIST)**  
*NIST.gov*
- **Ohio Secretary of State Office of Public Integrity**  
*Ohio.Sos.gov/PublicIntegrity*
- **Small Business Administration (SBA)**  
*SBA.gov/* (search "Cybersecurity")
- **Integrated Network Concepts (INC)**  
*Integrated.net*

# CLOSING THOUGHTS

Hope and denial are not a strategy

Follow the 3-2-1 rule

3 versions of your data, 2 different media and 1 offsite

Put your incident response plan on paper!

# QUESTIONS



**Schedule a free consultation!**

**Scan the QR code**

to schedule your **FREE** 1 hour  
Cybersecurity Risk Assessment.

**A \$500 value!**

