



Retirement plan basics

Getting to know your employer-sponsored retirement plan

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What we'll cover today

Why is it important to save for retirement?

How do I save for retirement?

How much should I save?

What happens to my retirement savings when it gets to Principal®?

How does my savings grow?

Who gets my retirement savings if I pass away?

How do I get started?

What if I want to know more?

Why is it important to save for the future?

Living longer lives

Physically unable to work

Risk of inflation

Retirement plans have changed

Family financial responsibilities

Social Security benefits will likely only replace about—



¹ Long-range constant preretirement earnings replacement rate for a scaled medium earner retirement at age 67 in 2030 or later. 2022 Social Security fact sheet, April 2022.



How do I save for retirement?

How much should I save?

What happens to my retirement savings when it gets to Principal®?

How does my savings grow?

Who gets my retirement savings if I pass away?



Contribute through your paycheck

Your employer offers a retirement savings plan

What's the difference between a 401(k) and 403(b)?

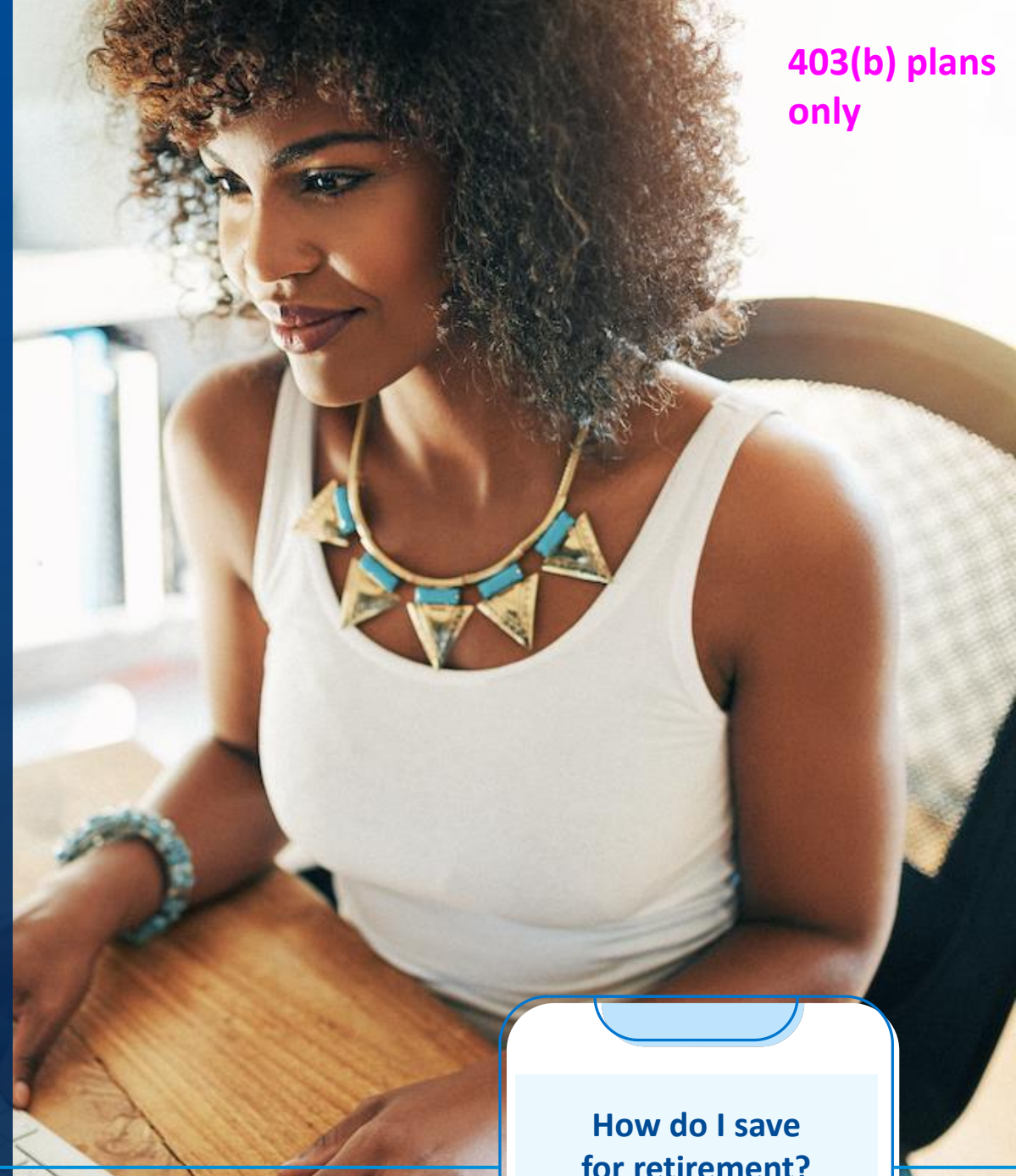
401(k)

for-profit companies and organizations

403(b)

nonprofit organizations and government employees

403(b) plans only



How do I save for retirement?

Pre-tax contributions

How do I save for retirement?

\$40,000

ANNUAL SALARY

x 4%

CONTRIBUTION RATE

\$1,600

ANNUAL CONTRIBUTION

Save on taxes while saving for your future

\$1,600

ANNUAL PRE-TAX CONTRIBUTION

÷ 26

PAY PERIODS

\$62

CONTRIBUTION PER PAYCHECK





\$1,476 TAXABLE INCOME PER PAY PERIOD



Reduces taxable income

Roth contributions

How do I save for retirement?

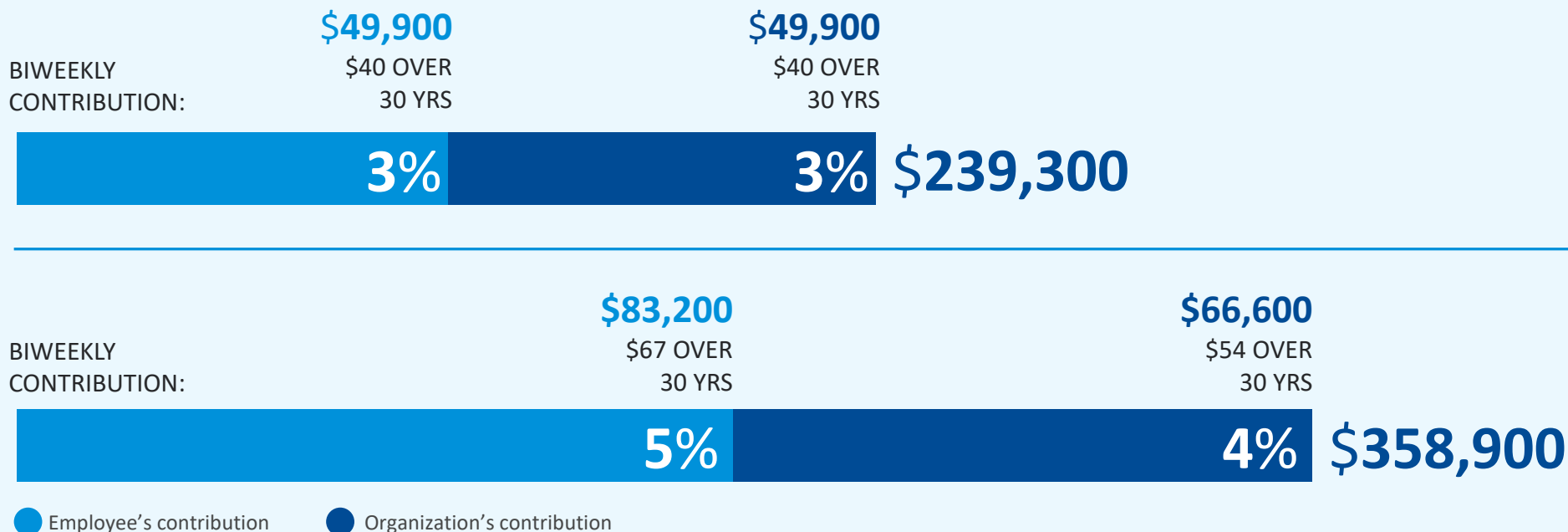
	TAXED CONTRIBUTIONS	TAXED WITHDRAWALS
Pre-tax		
Roth		

*A qualified distribution is one that is made after a participant reaches age 59½, death or disability and must be made at least five years after the first Roth 401(k) contribution was made.

Organization match

How do I save for retirement?

An added benefit that has the potential to really add up



The chart assumes a \$35,000 salary with a 3% annual salary increase, an annual 6% rate of return, and a safe harbor basic match of 100% up to 3%, 50% of the next 2%. This example is for illustrative purposes only. The assumed rate of return in this chart is hypothetical and does not guarantee any future returns nor represent the return of any particular investment option. Amounts shown do not reflect the impact of taxes on pre-tax distributions. The example is reflective of two individuals making contributions over a 30-year time period.

What do I need to know about contributing?

Eligibility

Deferral change rate

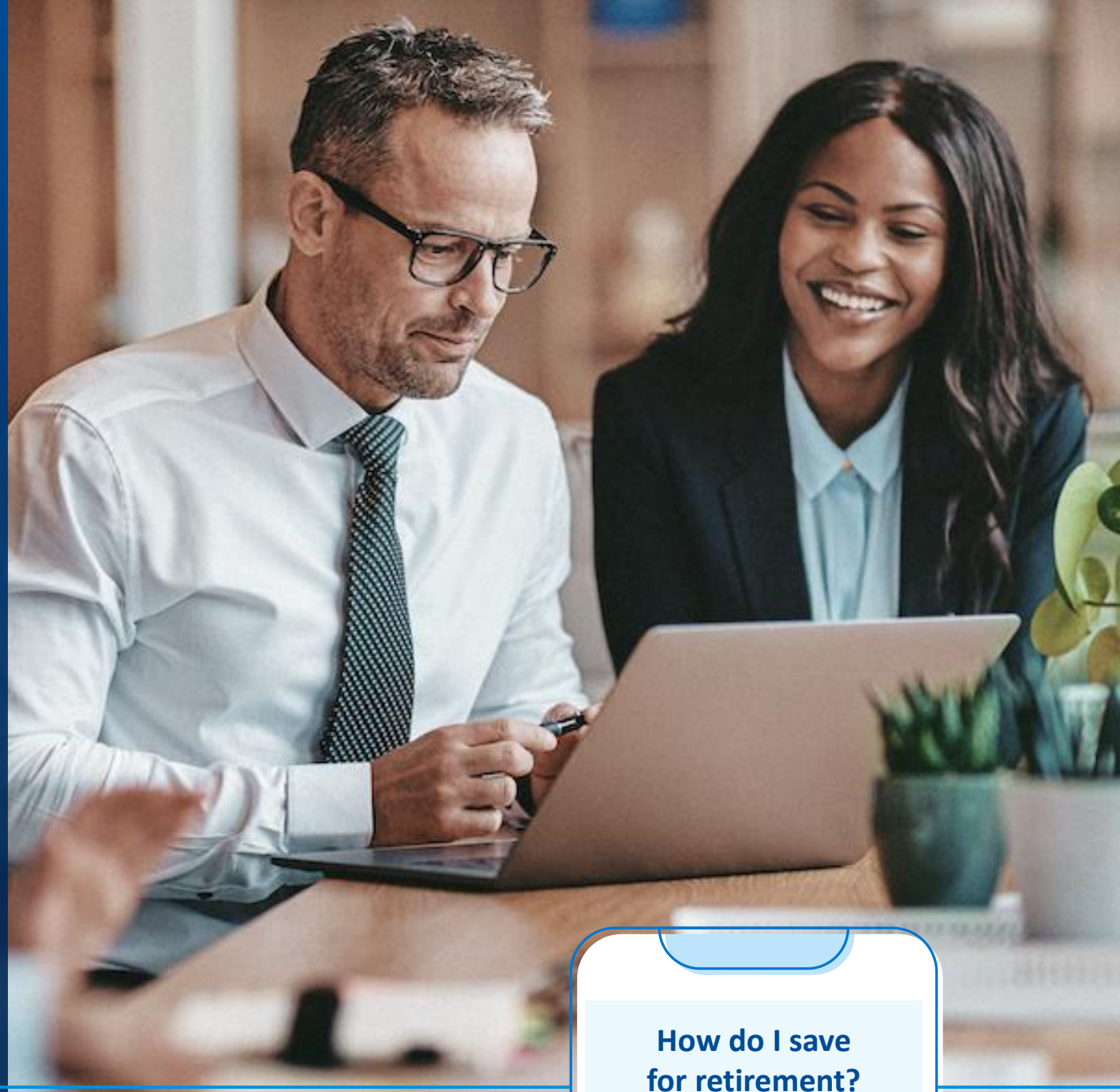
Contribution limits¹

\$23,000

\$7,500 catch-up contributions
over
age 50²

¹ As indexed by the IRS for the 2024 calendar year.

² If plan allows.



**How do I save
for retirement?**

How do I save beyond my employer's plan?

There are many ways to save.



IRAs
INDIVIDUAL
RETIREMENT
ACCOUNTS*



BANK PRODUCTS
SAVINGS/CHECKING
ACCOUNTS



BROKERAGE
ACCOUNTS*



HSAs
HEALTH SAVINGS
ACCOUNTS

*Investment and Insurance products are:

- Not Insured by the FDIC or Any Federal Government Agency
- Not a Deposit or Other Obligation of, or Guaranteed by Any Bank Affiliate
- Subject to Investment Risks, Including Possible Loss of the Principal Amount Invested

**How do I save
for retirement?**

Saving with an individual retirement account (IRA)

What's the difference between an IRA and a Roth IRA?

- ✓ Money withdrawals
- ✓ Income limits
- ✓ Age limits
- ✓ Required minimum distributions
- ✓ When taxes are paid

How do I save for retirement?

More ways to save

Bank savings/checking accounts

Stocks, bonds*

Brokerage accounts

Annuities*

529 plans*

Health savings accounts (HSAs)

And more

*Investment and Insurance products are:

- Not Insured by the FDIC or Any Federal Government Agency
- Not a Deposit or Other Obligation of, or Guaranteed by Any Bank Affiliate
- Subject to Investment Risks, Including Possible Loss of the Principal Amount Invested



**How do I save
for retirement?**

Consolidate savings?

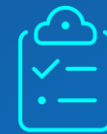
**You have choices for
your old accounts.**



**CONSOLIDATE
YOUR RETIREMENT FUNDS**



**ROLL FUNDS
INTO AN IRA**



**KEEP FUNDS
IN YOUR CURRENT ACCOUNT**



**CASH
OUT**

You should consider the differences in investment options and risks, fees and expenses, tax implications, services, and penalty-free withdrawals for your various options. There may be other factors to consider due to your specific needs and situation. You may wish to consult your tax advisor or legal counsel.

**How do I save
for retirement?**

How do I save for retirement?

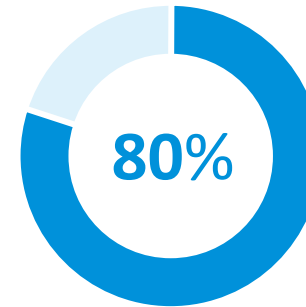
How much should I save?

What happens to my retirement savings when it gets to Principal®?

How does my savings grow?

Who gets my retirement savings if I pass away?

How do I get started?



Retirees may need to **replace at least 80%*** of their pre-retirement income during retirement¹

*Eighty percent is based on our industry experience and GAO Retirement Security Report to Congressional requestors. The estimated average total spending for post-retirement households was about 77% of the spending levels for pre-retirement households. GAO, 2013 CE Data; 16 242, Retirement Replacement Rates.

¹ Based on analysis conducted by the Principal Financial Group®, November 2022. The estimate assumes a 40-year span of accumulating savings and the following facts: retirement at age 65; 10-15% individual plus employer contributions; Social Security providing 40 percent replacement of income; 4.5% withdrawal of retirement savings; 6 percent annual market returns; 2 percent annual inflation; and 3 percent annual wage growth over 40 years in the workforce. This estimate is based on a goal of replacing about 80 percent of salary. The assumed rate of return for the analysis is hypothetical and does not guarantee any future returns nor represent the return of any particular investment. Contributions do not take into account the impact of taxes on pre-tax distributions. Individual results will vary. Participants should regularly review their savings progress and post-retirement needs as savings depends on many factors, including lifestyle, social security replacement, and retirement age.

Take small steps to reach 10-15%

How much
should I save?

Studies suggest you may need to save at least **10-15% of your pay plus employer contributions** throughout your career.

3% + 1%

BUMP EACH
YEAR

6% + 3%

EMPLOYER
MATCH

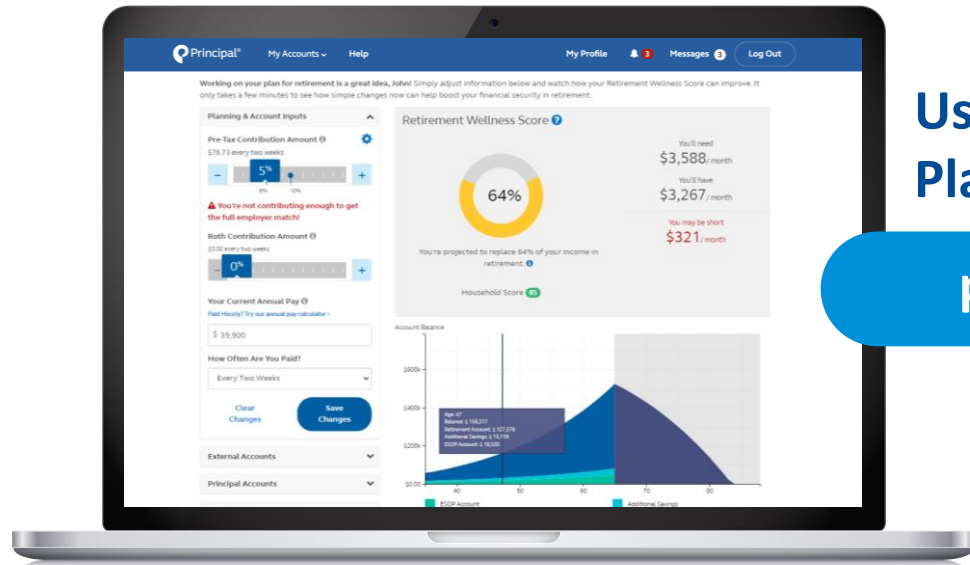
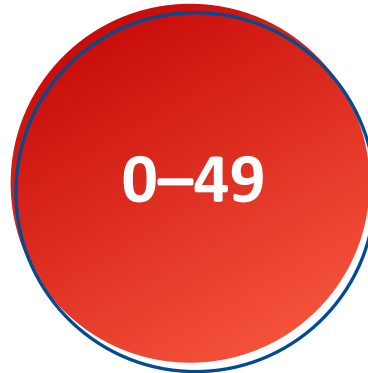
11% +

CATCH-UP
CONTRIBUTIONS

Based on analysis conducted by the Principal Financial Group®, November 2022. The estimate assumes a 40-year span of accumulating savings and the following facts: retirement at age 65; 10-15% individual plus employer contributions; Social Security providing 40 percent replacement of income; 4.5% withdrawal of retirement savings; 6 percent annual market returns; 2 percent annual inflation; and 3 percent annual wage growth over 40 years in the workforce. This estimate is based on a goal of replacing about 80 percent of salary. The assumed rate of return for the analysis is hypothetical and does not guarantee any future returns nor represent the return of any particular investment. Contributions do not take into account the impact of taxes on pre-tax distributions. Individual results will vary. Participants should regularly review their savings progress and post-retirement needs as savings depends on many factors, including lifestyle, social security replacement, and retirement age. [ge 65](#);

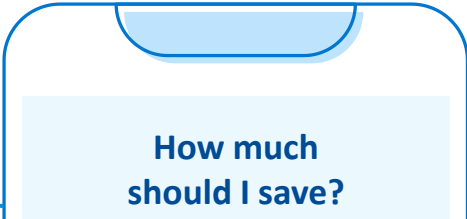
See if you're on track to meet your goals

Check your Retirement Wellness Score



Use the Retirement Wellness Planner

principal.com/myscore



A photograph of two men in an office setting. The man on the left is a Black man with a beard, wearing a dark suit jacket over a light blue button-down shirt. He is smiling and gesturing with his right hand as if speaking. The man on the right is a white man with glasses and a beard, wearing a dark button-down shirt. He is looking towards the first man. The background is a bright, out-of-focus office space with windows.

See if you're
on track to
meet your goals

**Talk to a
financial
professional**

**How much
should I save?**

How much should I save?

What happens to my retirement savings when it gets to Principal?

How does my savings grow?

Who gets my retirement savings if I pass away?

How do I get started?

What if I want to know more?



QDIA: Qualified default investment alternative*

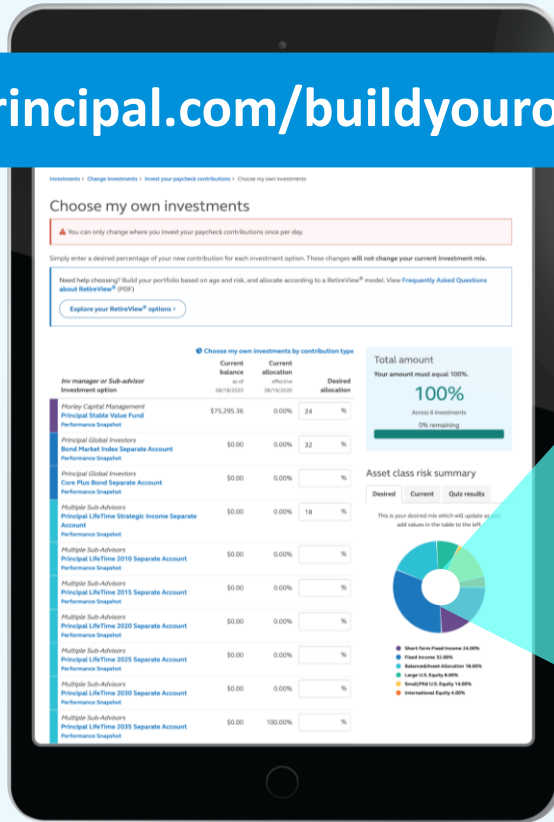
Build your own portfolio with the plan's investment options

*If the plan allows and you don't elect otherwise.

Build my own portfolio

What happens when my contributions get to Principal®?

principal.com/buildyourown



Asset class risk summary

Desired Current Quiz results

This is your desired mix which will update as you add values in the table to the left



- Short-Term Fixed Income 24.00%
- Fixed Income 32.00%
- Balanced/Asset Allocation 18.00%
- Large U.S. Equity 8.00%
- Small/Mid U.S. Equity 14.00%
- International Equity 4.00%

For those who like a “do-it-yourself” approach to investing

For illustrative purposes only.

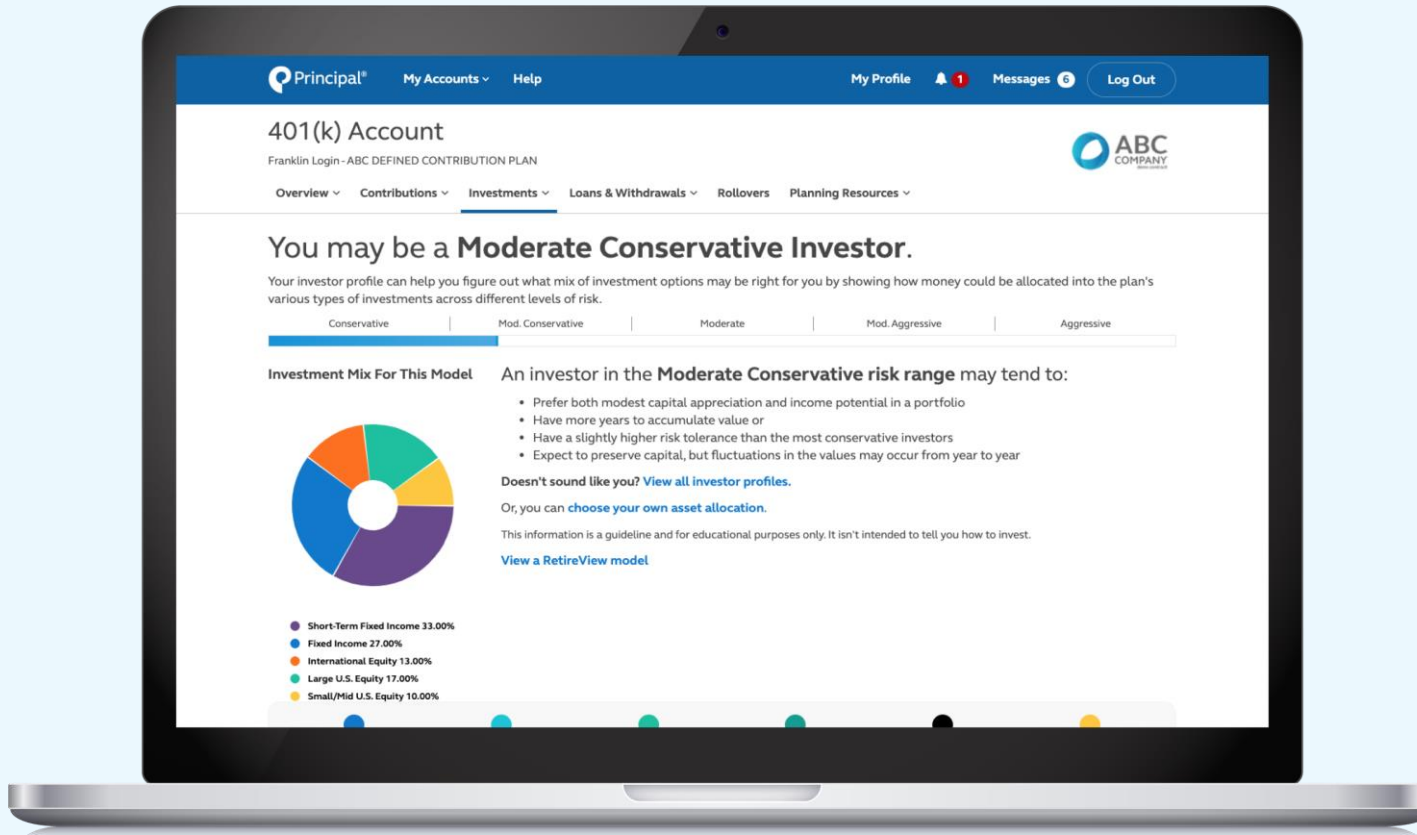
Investing involves risk, including possible loss of principal.

Asset allocation and diversification does not ensure a profit or protect against a loss. Equity investment options involve greater risk, including heightened volatility, than fixed-income investment options.

Investor Profile Quiz

principal.com/investorprofilequiz

What happens when
my contributions
get to Principal®?



For illustrative purposes only.

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How much should I save?

What happens when my contributions get to Principal®?

How does my savings grow?

Who gets my retirement savings if I pass away?

How do I get started?

What if I want to know more?

Investing today with potential for gain later



Investing involves risk, including possible loss of principal.

Asset allocation and diversification does not ensure a profit or protect against a loss.

Equity investment options involve greater risk, including heightened volatility, than fixed-income investment options.

Compound interest has the potential to gain more over time

	RETIREMENT SAVINGS ACCOUNT AMOUNT	INTEREST RATE	INTEREST EARNED	YEAR-END ACCOUNT BALANCE
Year 1	\$1,000.00	5%	\$50.00	\$1,050.00
Year 2	\$1,050.00	5%	\$52.50	\$1,102.50
Year 3	\$1,102.50	5%	\$55.12	\$1,157.62
Year 4	\$1,157.63	5%	\$57.89	\$1,215.51
Year 5	\$1,215.51	5%	\$60.77	\$1,276.28
Year 6	\$1,276.23	5%	\$63.81	\$1,340.10

For illustrative purposes only.

The assumed rates of return in this chart are hypothetical and do not guarantee any future returns nor represent the returns of any particular investment. Amounts shown do not reflect the impact of taxes on pre-tax distributions. Individual taxpayer circumstances may vary. This is for illustrative purposes only.

How does my money grow?

How much should I save?

What happens when my contributions get to Principal®?

How does my savings grow?

Who gets my retirement savings if I pass away?

How do I get started?

What if I want to know more?



Designate a beneficiary

principal.com/beneficiary

Designate a beneficiary

Who gets my
retirement savings
if I pass away?

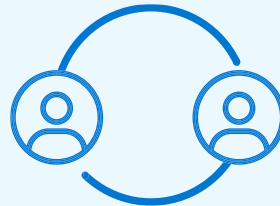
Beneficiary designated by 401(k) account holder

Spouse

Child

Loved ones

Special organization



Go to principal.com/beneficiary to designate your beneficiary or ask your employer for a form.

principal.com/beneficiary

Beneficiary designations are legal designations that are needed whenever a qualified retirement plan provides benefits to beneficiaries of deceased participants. They state who is to receive the benefits and how benefits are to be paid in the event of a plan participant's death. Certain beneficiary designations cannot be completed online. Instead, a paper form must be completed and signed. If needed, you will be given the option to print the paper beneficiary form from the website. Based on your marital status, your designation may require spousal approval.



Welcome, we're so glad you're here. In just a few steps, you'll be on your way to planning for retirement.

Get started
(Transition experience)

Login

Get started
(Newly eligible)

Designate a beneficiary

Initiate a rollover

Check out education tools

Set up your account

Elect a contribution amount

Choose your mix of investment options

principal.com/welcome



Questions?

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Important information

Investing involves risk, including possible loss of principal.

Asset allocation and diversification does not ensure a profit or protect against a loss. Equity investment options involve greater risk, including heightened volatility, than fixed-income investment options. **Fixed-income** investments are subject to interest rate risk; as interest rates rise their value will decline. **International and global investing** involves greater risks such as currency fluctuations, political/social instability and differing accounting standards. These risks are magnified in **emerging markets**.

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