

Unlocking Hidden Skills

Identifying Power Skills for Career Growth

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Agenda

1

A little about
ME

2

What are
power skills
and why they
are important

3

What are your
power skills?

Set the intent

“I am open and
receptive to positive
changes.”

THINK IT,
WANT IT,
GET IT.

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The Story of Jessica!

A Winding Road



The magic
is in the
journey!!!



Get Ready!



Please use the chat if
you have any questions
or comments



What Are Power Skills?



Power Skills Defined

Set of abilities that enable individuals to thrive in various work environments are essential for success in any profession.

More on Power Skills



Transferable and Versatile
Not tied to a specific job or industry

Interpersonal and Relational
Focus on the interactions, relationships
and collaborations with others

Essential for Success
Technical skills are important and
power skills are just as crucial

Common Examples

- Effective Communication
- Problem Solving
- Leadership
- Emotional Intelligence
- Teamwork
- Adaptability
- Creativity
- Critical Thinking



Why are Power Skills Important?



- Enhance interpersonal interactions
- Drive innovation and problem-solving
- Boost career advancement
- Improve overall well-being
- Adapt to change and uncertainty
- Contribute to a positive workplace culture
- Enhance leadership potential
- Strengthen personal relationships
- Navigate complex situations



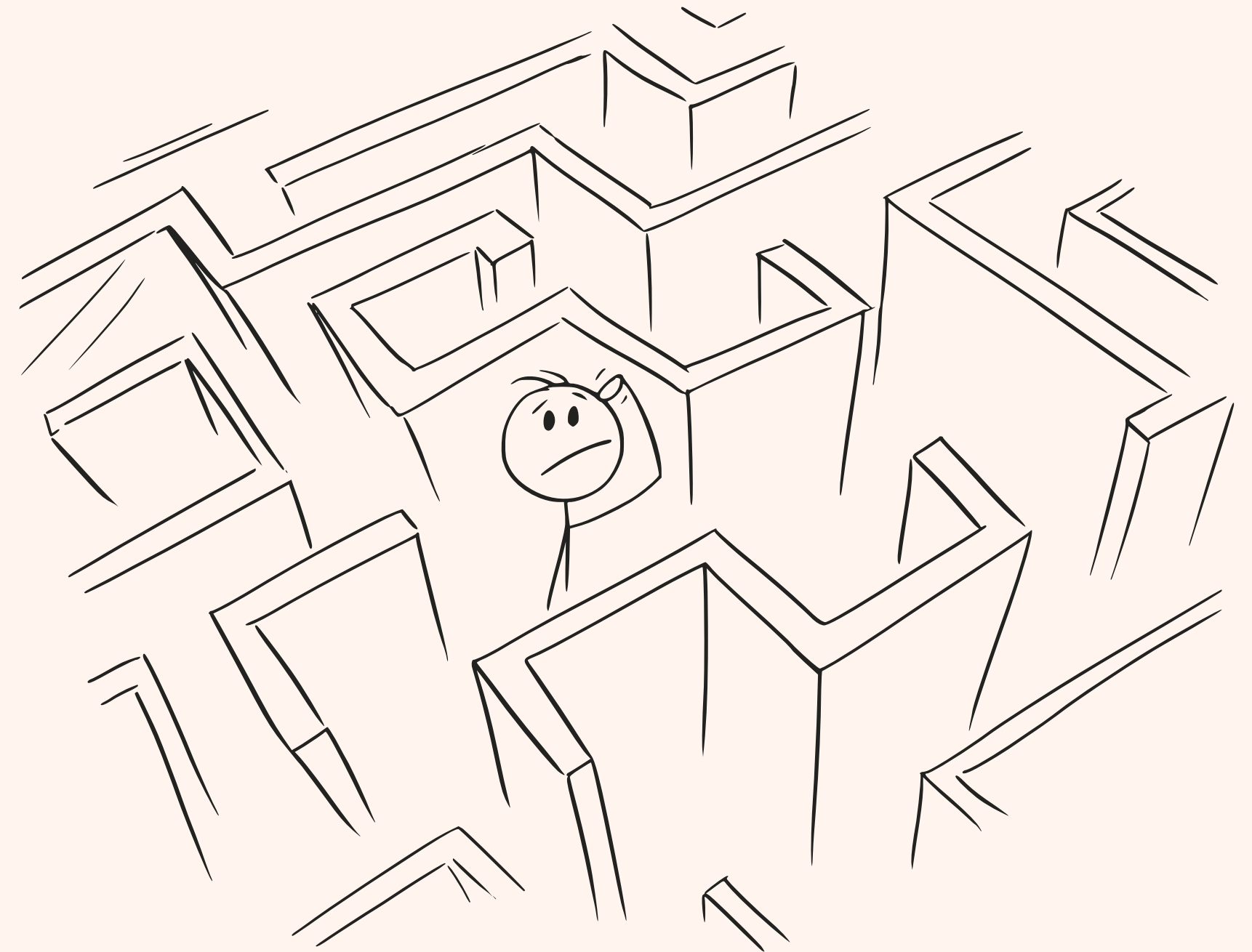
Now Let's

Identify Your Power Skills

Reflect on past experiences

Think about a situation where you felt most successful or challenged.

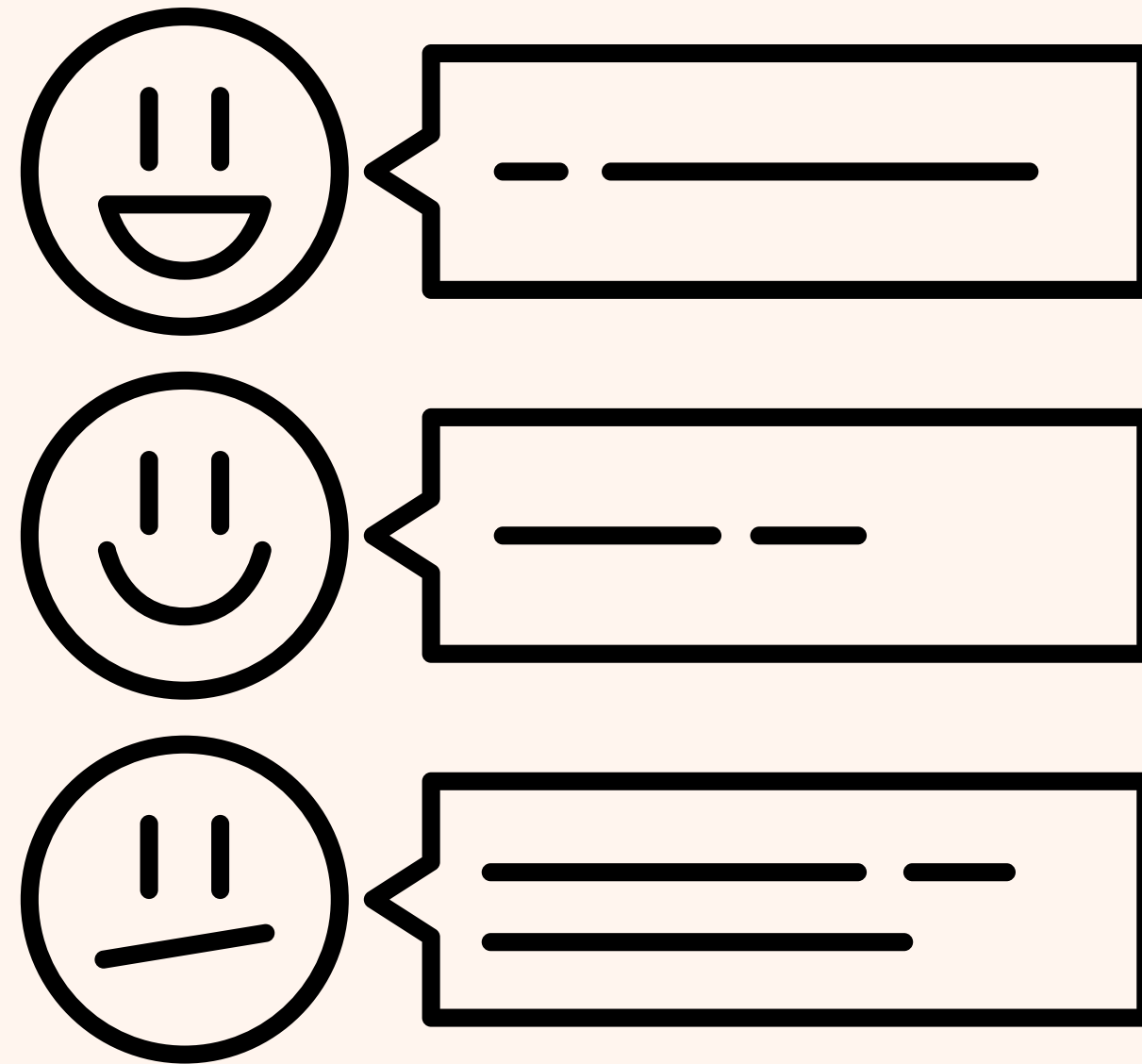
What skills did you use to overcome?



Seek feedback from colleagues, family and friends

Don't be afraid to hear
feedback that might not be
positive.

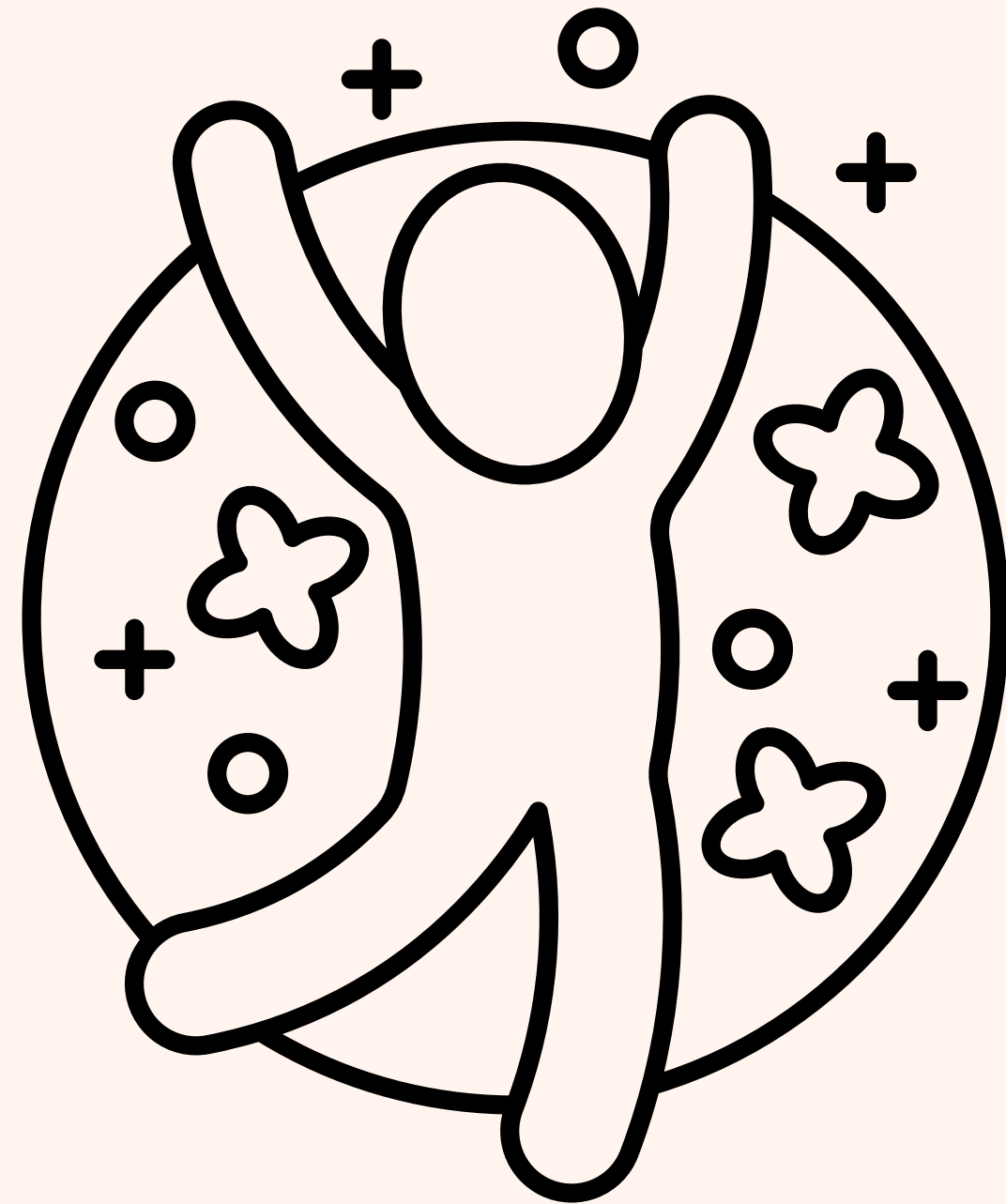
This feedback could be used
to identify areas to grow and
develop.



Identify things that come naturally to you

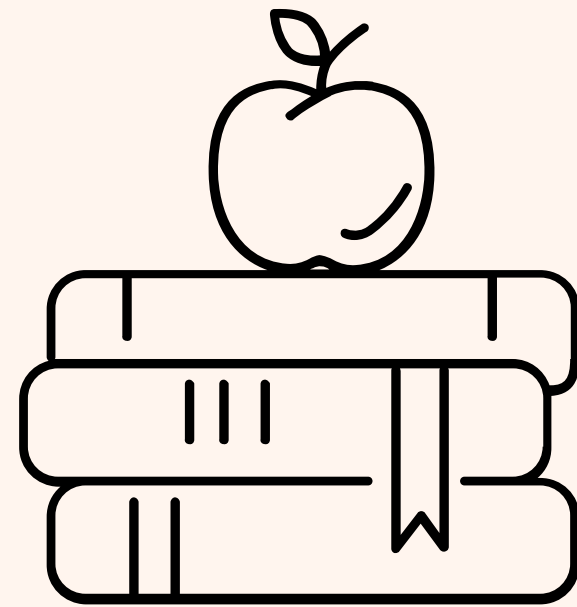
What do you enjoy doing?

What are you naturally good at?



Ask yourself

What did you want
to be when you
were a preteen?





Fact vs Theory

Now that you have the words to identify your power skills, you can move the thought and theory of the skills you need/want to factual evidence of the skills you have!



Next Time You...

think that you may not have what it takes, go through and identify the skills you have by using the questions posed today.

Where do you want to be?



End of the year?
In 5 years?
In 10 years?
At retirement?



Close your eyes



Contact me

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